

2010 IARU GLOBAL SUMMER PROGRAM – **DRAFT** COURSE PROFILE

Host University	The University of Copenhagen, Faculty of Health Sciences
Course Title	Mental Health in a Global perspective
Teaching Staff	University of Copenhagen and IARU partners staff
Students must arrive by:	4 July
First day of classes	5 July
Last day of classes	23 July
Further information (website URL)	
Course Description (approx 400 words)	
<i>This course description will appear on the IARU Website</i>	
<p>Recent evidence from WHO gives reasons to believe that the number of DALYs lost to mental health problems is currently around 12% and surpasses those due to HIV and AIDS and other much more profiled health problems.</p> <p>Mental health is a problem world wide but is largely an overseen problem in most low- and middle income societies. As many as 75% of people suffering from mental health problems receive no support or treatment at all, and the problem is expected to grow especially taking into consideration increased life-expectancy in many countries worldwide.</p> <p>The course will include issues as:</p> <ul style="list-style-type: none"> - Research on the extent of mental health disorders, the epidemiology of suicide and the impact of various interventions especially with emphasis on low income settings - Relevant UN charters protecting people with mental disorders - Stigmatisation and discrimination of the mentally ill in many parts of the world - Mentally ill persons' situation as one of the most vulnerable groups in society - How to ensure focus on mental health in most low income countries. Developing policies, programs, medicines and capacities to address mental health challenges and the prevention of suicide - Programmatic experience from the field: treatment practices, support and care for patients and their families 	
Delivery method/course structure and contact hours	
<i>Please be as clear as possible about the style of course delivery (lectures, tutorials etc.), the course structure and contact hours</i>	

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<p>Problem-based learning.</p>
<p>Assessment details <i>Please provide as much detail as possible about the assessment expectations of the course (eg. 2 x 2000 word essay, each worth 25% of final award, 1x oral presentation, worth 20%, 1x Poster (20%) and participation in class activities/discussion (10%).</i></p>
<p>Assessment based on participation and an essay</p>
<p>Pre-requisites /Target audience <i>Please be as explicit about the expectations (background/major, level (year), language skills, etc.) you would have of students participating in this course</i></p>
<p>Health Science and Psychology students in the last year of their Bachelor or first part of their Master (Graduate/Postgraduate).</p>
<p>Accommodation description</p>
<p>Students can apply for accommodation in Copenhagen. It will either be in a hall of residence or with a private landlord/lady in Copenhagen. Please note that the University of Copenhagen does not offer traditional on-campus accommodation.</p>

COSTS <i>Please indicate costs in local currency</i>		Notes
Tuition cost		
Accommodation costs		
Field-trip costs (if applicable)		
Estimated visa cost		

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Estimated text book costs		
Estimated living expenses (total for course)		

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