



INTERNATIONAL ALLIANCE OF
RESEARCH UNIVERSITIES

Session 4: Mental health and wellbeing in university communities

Led by

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(no paper)

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Mental health and wellbeing are of fundamental importance for students, academics and administrative staff in universities. This session will focus on how IARU universities are handling mental health challenges in the student community, how they are fostering a sense of wellbeing in the workplace and how they provide managerial staff with the tools to support their teams.