

INVITATION TO A PRESS CONFERENCE:

INTERNATIONAL SCIENCE SUMMIT ON HEALTHY AGEING

UNLOCKING THE AGE CODE – THE CHALLENGES AND POSSIBILITIES OF GETTING OLDER

120 of the world's top scientists meet to an exclusive summit on healthy ageing and longevity in Copenhagen from the 5-7th of October. The summit is the culmination of a strong and ambitious alliance between 10 of the world's leading universities that joined effort in solving the code of ageing. They have shared vision: To improve the way we age with healthy ageing as the primary goal.

Their research holds the key to solving one of the greatest challenges of our time – the demography – and their knowledge and insights will consequently have decisive influence on the future state of our societies.

Meet the international frontrunners of ageing research for a roundtable discussion on healthy ageing and the potential of ageing research – both for the individual and the society in general.

The press conference is held on:

Monday the 4th October from 14.00-16.10pm at the Faculty of Health Sciences, Panum, Blegdamsvej 3B, 2200 Copenhagen N.

Current projections indicate a dramatic change in demography. The trend is clear – we are moving towards an ageing society. This development forces a comprehensive readjustment which creates the need for new solutions, insights, and perspectives on how to adapt to the future demographic changes.

Furthermore age and the process of ageing is undergoing a fundamental transformation; we are living longer and stronger. This has created a window of opportunities to a new story on ageing which paves the way to both new challenges and new possibilities.

The potential of this development is the main focus of the round table discussion where leading experts give their inputs and insights on the changes and prospects of longevity and ageing.

The discussion is put into perspective by contributions from both the Danish Minister of Health Bertel Haarder, Lene Juel Rasmussen, head of Center for Healthy Ageing, Ralf Hemmingsen, the Chancellor of Copenhagen University, and Ulla Wewer, dean, Faculty of Health Science.

Following perspectives and initiatives are elaborated at the press conference:

- The state of affairs and the potential for aging research – unlocking the age code and the prospects of longevity and healthy ageing.
- Presentation of the international congress '*Ageing, Longevity and Health*' that Copenhagen University and Center for Healthy Ageing are hosting from the 5-7th of October.
- Presentation of the new Center for Healthy Ageing – their activities, research projects, and visions.

PROGRAM:

- 14.00: **A global age alliance**
Welcome and introduction to the international university project on age and health by Ralf Hemmingsen, chancellor, University of Copenhagen and Ulla Wewer, dean, Faculty of Health Sciences
- 14.15: **Living longer and stronger – a new approach to age**
Roundtable discussion with leading international scientists:
- Professor Vilhelm Bohr, National Institute On Aging, NIH, Baltimore, USA
 - Professor Albert Gjedde, University of Copenhagen, Denmark
 - Professor Carlos Mendes de Leon, Rush University Medical Center, Chicago, USA
 - Professor Julia Twigg, University of Kent, Canterbury, UK
- The roundtable discussion is chaired by Erik Rasmussen, CEO and editor in chief, Monday Morning and will include questions from the audience
- 15.15: **Pause**
- 15.30: **Five ways to understand aging**
How University of Copenhagen is dealing with the age challenge by Professor Lene Juel Rasmussen, Center for Healthy Aging
- 15.45: **Age as a core competence**
Lecture by the Danish Minister of Health, Bertel Haarder
- 16.00: **Concluding remarks**
Erik Rasmussen winds up the debate
- 16.10: **Interviews and questions**
Experts and speakers participate in interviews and answer questions from the media

CONTACT:

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Please register for the press conference before the 30th of September. Contact Anna Eriksen Fenger, afe@mm.dk, 3164 1141.